

Steinbach Arts Council Media Release

November 15, 2019 For Immediate Release

NOTHING BLUE ABOUT WINTER PROGRAMS AT SAC - GET 10-15% OFF NOW!

Whether you need help with your Christmas shopping or are wondering how you can beat the blues this winter, the Steinbach Arts Council has the answer with many creative options and events! In celebration of our 40th anniversary, SAC is excited to promote a highly creative winter season, featuring some regular program favourites and a few new and exciting programs and workshops too!

From November 18th until December 18th, returning students receive 15% off their program fees! But SAC is also gifting 10% off all programs for everyone until January 6th! Register soon to take advantage of these discounts.

SAC's winter programs are divided into different categories:

Visual Arts features a wide variety of artistic mediums and genres for kids, teens and adults, including Cartooning, Hand Building with Clay, Mixed Art, Pottery, Abstract or Contemporary Acrylics, Watercolours & Ink, Digital Photography and more!

Creative Wellness programs provide a variety of Pilates courses, including Beginner classes like Lunch Time Pilates and Secrets to a Strong Back, and Intermediate classes like Core Intermediate, Pilates on the Ball, and Prop It Pilates.

Community Programs include Beginner & Intermediate Language Classes (French & Spanish), and Culinary Arts classes, including Kids in the Kitchen (ages 9-12), Creative Cooking, Mindful Meals, and Couples Cooking.

Backyard Theatre Company puts on five different acting classes geared towards different age groups from age 5 to 17+. Classes include Acting Out, Dramatic Discovery, The Actor's Studio, The Audition, and **NEW!** Young Company Performance Troupe. All designed to build confidence and ignite creativity!

BOSS Dance Academy offers 10-week introductory Hip Hop classes for ages 3-5, 6-9 and 10+. No fundraising, no costume fees – just try it out! Also **NEW!** Lil Ballerinas for ages 3-5, Ballet for ages 6-9, and Challengers for the child with learning challenges – a safe space to explore movement and creativity! BossDanceAcademy.com

Workshops in 2020 include Calligraphy, Cheese Boards, Stained Glass, and more!

Full course descriptions and details available online at <u>www.steinbachartscouncil.ca</u>. With over 60 programs to choose from, there is literally something for all ages! To register, go online at <u>www.steinbachartscouncil.ca</u>, call 204.346.1077, or stop by the SAC office at 304 Second Street.

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