

PARENT WORKSHOP

The growing number of drug related incidents in our local media has a lot of parents wondering how to approach the topic of alcohol and other drug use with their kids. We all know the importance of talking to our kids before they are faced with the choice to use, but how do we start the conversation?

The reality is that talking to your kids about alcohol and other drugs needs to be an ongoing conversation, not a one-time lecture, which occurs long before they are ever faced with the pressure or curiosity to use. As parents, you can arm your kids with skills that can enhance their critical thinking and ability to make good decisions when you are not around to guide them.

The Hanover School Division, along with the Steinbach Drug Awareness Committee, will be holding a parent information night for all parents of children in Kindergarten to Grade 8 who are interested in learning more about how to talk to their kids about alcohol and other drug use before it ever becomes a problem. This one hour presentation will address youth related local drug trends, the do's and don'ts of talking to your kids about drugs, and how to encourage the development of assertiveness and refusal skills. The workshop will occur on November 18th from 7:00-8:00 p.m. at the Clearspring Middle Years School library. Refreshments will be served and a number of community organizations will be on hand to answer questions after the presentation.